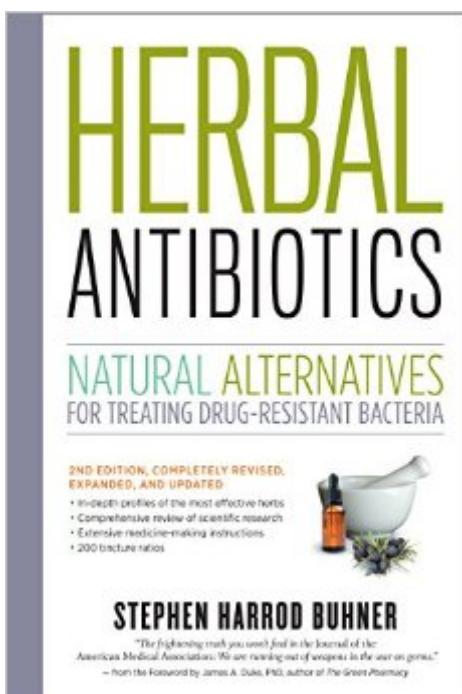


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Herbal Antibiotics, 2nd Edition: Natural Alternatives For Treating Drug-resistant Bacteria



Synopsis

With antibiotic-resistant infections on the rise, herbal remedies present a naturally effective alternative to standard antibiotics. Herbal expert Stephen Harrod Buhner explains the roots of antibiotic resistance, explores the value of herbal treatments, and provides in-depth profiles of 30 valuable plants, noting the proper dosages, potential side effects, and contraindications of each. This comprehensive guide offers sound information on herbal alternatives to standard antibiotics, making it an indispensable addition to every family's medicine cabinet.Â

Book Information

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Average Customer Review: 4.7 out of 5 starsÂ See all reviewsÂ (369 customer reviews)

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Customer Reviews

A well-organized 468 pages and very good. This is WORLDWIDE herbology, the best herb for the job, irrespective of country or culture. Does not address the energetic angle of interpreting illness as Messages from the Body, but short of that, the best textbooks I've ever seen on herbs for antibiotic use. The below is a view of this work from an energetic perspective; that is, what can be tested with muscle testing of any kind, towards solutions for your self and for patrons. General rules of thumb for dealing with resistant infections Systemic infection ~ try: *Cryptolepis* Severe diarrhea, dysentery ~ try berberine herbs, any Urinary tract infection ~ try: Juniper berry combined with *bidens* Infected surface or surgical wound ~ try: Honey has always worked Meningitis ~ try: Add *piperine*, *isatis* and others are suggested (abbreviated from p. 45) Buhner reminds of the distinction between bacteria with one cell wall and two cell walls. Gram positive bacteria are stainable because they have only one cell wall. Gram negative bacteria are not stainable as they have two cell walls. This distinction is

therefore a possible distinction to test for. The main resistant Gram-positive (single cell wall) bacteria are:- Clostridium difficile- Enterococcus spp.- Mycobacterium tuberculosis- Staphylococcus aureus- Streptococcus spp.(abbreviated from Chap. 2) Extensive detail on how to deal herbally with each and its variats follows. The main resistant Gram-negative (double cell wall) bacteria are: acinetobacter baumannii campylobacter jejuni E. coli haemophilus influenzae klebsiella pneumoniae neisseria gonorrhoeae proteus spp.

Herbal antibiotics should be a mind-blowing book to any Western medical practitioner. It reveals an entire world of antibiotics that are readily available from the natural world. On top of this, these antibiotics are very effective against the very organisms that pharmaceutical antibiotics have trouble with, so says Stephen Buhner, the book's author. The book explains how antibiotic resistance came about and where it's heading (getting worse if you can't guess that) and how natural antibiotics are part of the solution. It explores a holistic approach to treating infection that involves not only knocking out the infective organisms, but also supporting the immune system (and a patient's emotional/spiritual comportment) as part of the healing process. It offers specific treatment guidelines for several antibiotic-resistant infections and it covers quite a number of particular herbs in depth, exploring not only their history including their use in traditional Chinese medicine, Ayurveda, and Western herbal practice but what science has discovered about them. This last part is the most interesting because it demonstrates that while the author has a beef with western medical practice and with the biases of science research in America, he believes strongly in the scientific method. While the book is eye opening to say the least, there are a few shortcomings. First, some of infections covered are usually so serious that they require hospitalization. The question of how does one get to be treated with these herbs in a modern American hospital is not addressed. Similarly, if you are someone without health insurance, how are you going to know which bacteria you have in order to select the most appropriate protocol?

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